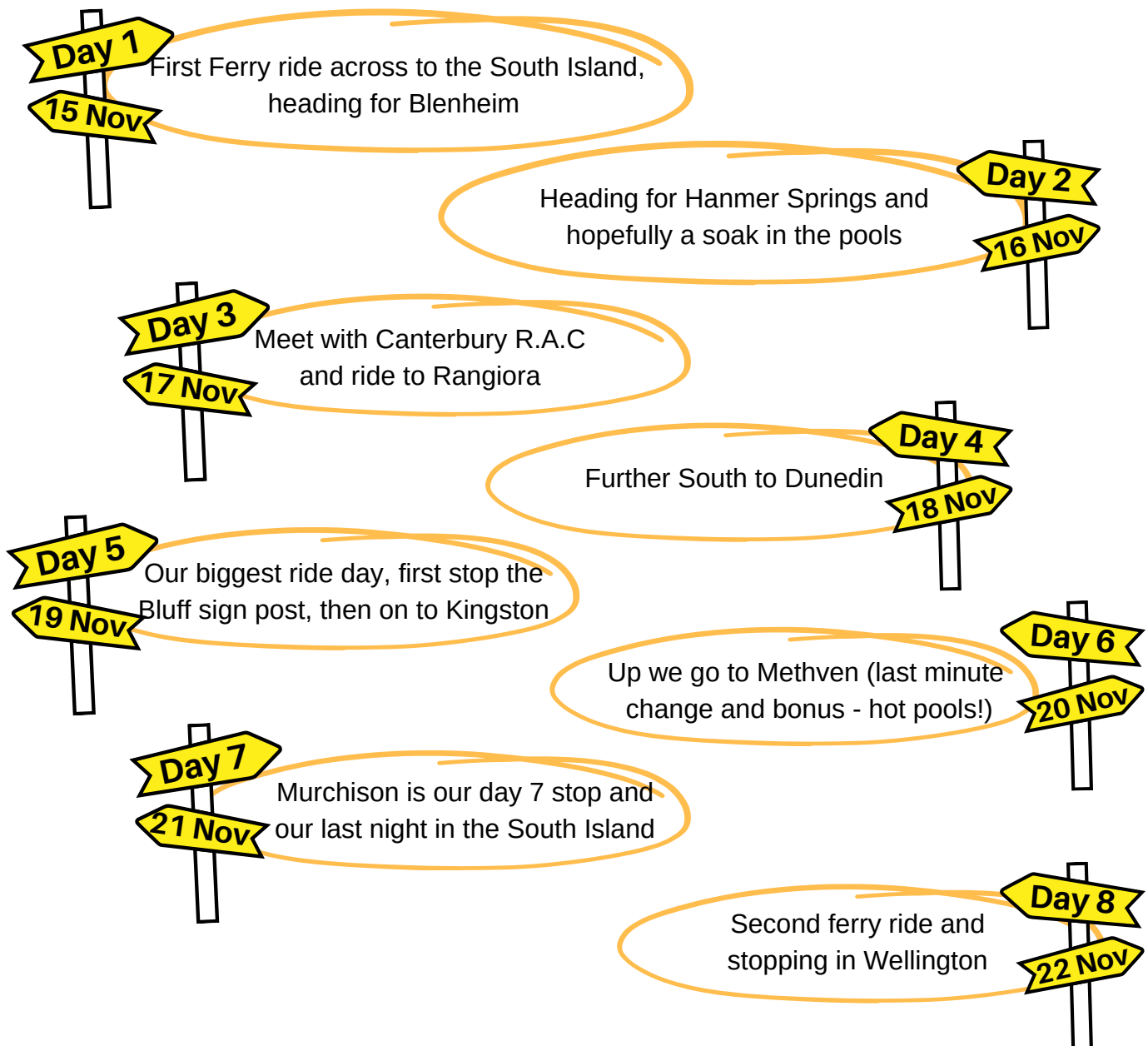


# POST TO POST

# ITINERARY

14 R.A.C members visit both Bluff and Cape Reinga in a 16 day trek across New Zealand, covering around 4,500km.

Promoting cancer awareness and what the communities can do to help. We only need to travel for 16 days, whereas some cancer patients need to travel for longer and further, sometimes leaving whanau behind for long periods of time while they go through a tough journey, both mentally and physically. We will be stopping along the way, where possible, at Cancer Societies just to say hi (and make a little bit of noise with the motorbikes).



# POST TO POST

# ITINERY

Day 9

Over to sunny Napier via Masterton

23 Nov

Day 10

Tuakau - our first stop here as we head up north

24 Nov

Day 11

Kaitaia. Let's sleep before we walk to Cape Reinga signpost.

25 Nov

Day 12

A visit to the tip of NZ, then stop at Paihia

26 Nov

Day 13

A day to rest the weary bodies as we stay 2 nights in Paihia

27 Nov

Day 14

Back to Tuakau for our second stay - hope its a good motel.

28 Nov

Day 15

Taupo, where we get to rest our weary bodies in the mineral pools

29 Nov

Day 16

Our last day!  
See you all at the Rose and Crown

30 Nov

